

Cluster Parish Life Committee

Minutes

January 10, 2008

Cluster Parish Life Committee met on Thursday, January 10 at 7 pm at MHT conference room.

Present were: Gloria Trottier, Chair SJ, Diane Paquette, ND, Donna Coomes, St. Mary, Claudine Guillerault, St Philip, Margaret Quinn, St. Margaret's Parish.

Sister Morey from St. Andre Nursing Home proposed taking **blood pressure** after Masses once a month. Nurses from each parish would be asked to provide this service to parishioners. Each rep will ask nurses from the parish to help with this project.

An evening to help **de-stress from the holidays** will be held on Thursday, Jan 24 at 6:30 pm at MHT hall. Church bulletins have been advertising the past few weeks. Dr. Steve Bryant from Old Orchard Beach Chiropractic will discuss what stress does to your body and what you can do to prevent the negative effects.

Souper Bowl for caring will take place after all Masses on Feb 2 & 3. Parishioners will dress up in Patriots garb and take a collection at the doors for the local food pantries. Cluster parishes will be asked to participate and publicize in their bulletins. This has been done at MHT & St. Mary in the past.

Reps will discuss what parishes do now for **Easter for young families** and coordinate with them for all 7 parishes.

Next meeting will be held on Thursday, Feb 7 at 7 pm at MHT

Respectfully submitted,
Diane Paquette, Secretary.